

## Local Grief Support Groups

*Updated November 2020*

**Organization:** The Gathering Place

**Address:** 5315 Torrance Blvd Suite B-1 Torrance CA 90503

**Contact:** [310-543-3437](tel:310-543-3437) or [Gathering.place@providence.org](mailto:Gathering.place@providence.org)

**Website:** <https://www.providence.org/locations/gathering-place>

**Description:** Offers support to those who have experienced the death of a loved one from any cause (within the last two years). The groups encourage healing, health, strength and confidence.

**Organization:** Torrance Memorial Home Health and Hospice

**Address:** Hoffman Health Conference Center, 3330 Lomita Blvd. Torrance, CA 90505

**Contact:** [310-703-3352](tel:310-703-3352)

**Website:** [https://www.torrancememorial.org/Medical\\_Services/Hospice/Bereavement\\_Support.aspx](https://www.torrancememorial.org/Medical_Services/Hospice/Bereavement_Support.aspx)

**Description:** Groups afford people the opportunity to meet in a safe environment with other people experiencing grief and loss. Become a member of a compassionate community. Tell your story and be heard.

**Organization:** Survivors after Suicide, Didi Hirsch Community Mental Health Center

**Contact:** [\(424\) 362-2901](tel:424-362-2901) or [pspeelman@didihirsch.org](mailto:pspeelman@didihirsch.org)

**Website:** <https://didihirsch.org/services/suicide-prevention/therapy-support/>

**Description:** Addresses the special needs of people struggling with complex grief, which often accompanies a loved one's suicide. The groups provide activities and sharing opportunities to help survivors cope with their loss in a positive and productive way.

**Organization:** Bread of Life Church – “Grief Share”

**Address:** 2780 Lomita Blvd Torrance CA 90505

**Contact:** [310-325-7777](tel:310-325-7777) Ext 225 or [griefshare@breadoflifechurch.org](mailto:griefshare@breadoflifechurch.org)

**Website:** <https://www.breadoflifechurch.org/english/get-involved/caring-ministries/griefshare/>

**Description:** support group for people who are grieving the loss of a loved one.

**Organization:** Neighborhood Church – “Good Grief”

**Address:** 415 Paseo Del Palos Verdes Estates, CA 90274

**Contact:** [310-378-9353](tel:310-378-9353)

**Website:** <https://www.ncpve.org/goodgriefgroup>

**Description:** “Good Grief Support Groups” for those who have lost a loved one.

**Organization:** Compassionate Friends of South Bay / L.A. (Meetings are held at the Neighborhood Church)

**Address:** 415 Paseo Del Mar Palos Verdes Estates, CA 90274

**Contact:** (877) 969-0010 (National Organization) [310-378-9353](tel:310-378-9353) (Neighborhood Church)

**Website:** <http://tcfsbla.org/> (Local Chapter) <https://www.compassionatefriends.org/> (National Organization)

**Description:** Provides grief support to families who have experienced the death of a child.

**Organization:** St. Lawrence Martyr Catholic Church

**Address:** 1900 S. Prospect Ave. Redondo Beach, CA 90277

**Contact:** [310-540-0329](tel:310-540-0329)

**Website:** <https://www.stlm.org/ministries/>

**Description:** This is a group who extends its arms to those who are experiencing the loss of a spouse. They are here to listen and comfort.